Movement Stimulates The Mind

Today’s classroom is an active, dynamic place where students are often given room to move – empowering them with choices of where to sit, how to sit and even when to sit. All to keep them more engaged, comfortable and productive.

Virco supports the flexible learning environment with furniture that allows easy transition from lecture to hands-on practice, from collaborative projects to independent time for reading, research or introspection. And we know bodies are built for motion, for wiggling and twisting, bouncing and sometimes even rocking. That’s why our healthy movement collections offer ergonomic seating that flexes and rocks, chairs that roll and swivel and tables and desks that adjust from sitting to stand-up height and can work alone or nest together – all designed to move with ease and help students find the position and space where they work best.

Our products work together to help set the stage for an active, flexible classroom. Each piece integrates with popular Virco classroom lines and is built with the legendary Virco durability that has made our products the classroom standard since 1950.
Go ahead, give your students a little room to move!
Seating From The Floor Up

Virco leads the way in healthy movement for the classroom with a lineup of seating that meets students wherever they sit.

Rocker
Fun and focused

Floor Rocker
Rocking it on ground level

Mobile 4-legged Seating
Easy movement around your space
C2M Seating
Choose to move - or not

R2M Seating
Move your way

Lab & Task Seating
Rise and lower to the task
Room To Move®

Customize the classroom with desks and chairs that rise or lower for the task. Pair high-rising desks with stools, lab chairs or chairs that roll – or eliminate the chairs altogether for standing workstations to keep learning active. With Virco’s adjustable-height desks, you can create an environment that serves your goals and easily transforms as lesson plans require.

Mix and match seat and desk heights to create stadium seating. Students can choose what works best, so everyone gets the best seat in the house.
Depending on the task, sitting low to the ground may just be what’s needed to create a comfortable and effective learning environment. We’ve taken this idea and rocked it with a compelling and versatile complement to the classroom that meets kids on their level.

Our **Floor Rockers** feature the popular ZUMA®, Sage™ or Analogy® seat atop a sturdy, one-piece rocking base with a non-marring pad for smooth movement. With subtle back-and-forth motion, Floor Rockers encourage healthy sitting and offer the ergonomic benefits of our standard rockers. A convenient handhold makes the Floor Rocker easy to reposition as needed.

Floor Rockers work great for group interaction, as well as individual reading and study. Pair them with floor tables for a new take on flexible seating.
Low to the Ground

Floor tables are height-adjustable from 14 1/4“ – 22 1/4” inches. Pair them with floor mats, pillows or the Floor Rocker to create seating that’s comfortable and inviting.
Room To Move
The body and mind are designed for dynamic movement. When rockers are in the house, the combination of gentle movement and flexible support help children channel excess energy into classroom endeavors. The controlled back-and-forth motion helps the body settle down so the mind can tune in.

Our Rocker is available in the popular ZUMA®, Sage™ and Analogy® lines. Ergonomically designed with gentle, flexible support, Rockers encourage healthy movement and a moderate range of motion. Perfect for classrooms, libraries and other educational environments, these chairs can help turn disruptive fidgeting into healthy movement through the power of rocking.

**Rock It**

As kids with learning and attention challenges are participating in standard classrooms at all levels, educators find that rocking chairs can help improve focus and attention span, reduce fidgeting and increase participation and engagement.
A surprising take on active seating, the R2M (Room to Move) Mobile Task Chair moves with you to help activate your best sitting position. With an ergonomic seat secured by four air coils that flex and compress as you move, the R2M Mobile Task Chair provides controlled movement in all directions from front-to-back, side-to-side and in-between. Available in the popular ZUMA®, Sage™ and Analogy® families, R2M Mobile Task Chair is height-adjustable, with a full-swivel seat and dual-wheel, swivel casters.

It’s a perfect solution for a day of active learning - empowering students to move their way.
Room To Move®

Designed with the idea that sometimes kids need to move and sometimes they don’t, the **C2M (Choose to Move) 4-Leg Chair** offers the ultimate choice in active, flexible seating with its unique, patent-pending mode selector. In active mode, the C2M Chair allows controlled 360-degree movement with air coils that flex and compress as you move from side-to-side or back-and-forth, letting students shift and adjust to their most comfortable position. When conventional seating is more appropriate, a simple twist transforms the chair into an ergonomic, fixed position. In motion or not – it’s your choice.

Available in ZUMA®, Sage™ and Analogy® families, C2M Chairs support inclusive design for blended learning environments.
New Dimensions
Two chairs in one: a flexible option for dynamic classroom settings.
Room To Move

Transform the classroom with seating that moves with the task. Nearly every Virco series offers a task chair that adjusts in height, swivels 360 degrees and rolls freely about the classroom – a comfortable foundation for healthy movement.

Our lab chairs provide a range of motion fit for a variety of learning activities, rising to a 27-inch seat height to pair with lab tables, and lowering at the touch of a lever.

Students in a range of heights find the adjustable-height chrome footring key to the lab chair’s unique versatility. Workspace on the high-side? Raise the seat and adjust the ring too, for a stable and comfortable seating posture.

Free Flowing
Move from here to there and everywhere, without ever leaving your seat. Dual-wheel, hooded, swivel casters allow free movement about the classroom.
A change of perspective may be just what’s needed to spark creative thinking. Our Activity Tables and Collaborative Desks are quick to adapt to active learning environments and support a range of configurations that inspire dynamic classrooms.

With innovative and complementary designs that conveniently nest for project-based learning, tables and desks can easily be regrouped into new patterns and rows for collaborative or independent learning. Expand flexibility with casters or glides, and fixed or adjustable-height legs, to configure any space and make rearranging hassle free.

The Wheelbarrow Configuration

Two legs with casters and two with glides help you move tables easily without losing the stability of a standard table.
AROUND the room
With Room To Move®,
Try Moving the Room

Our Room To Move Collection opens up the classroom to new possibilities for educators and students alike. Flexible, ergonomic furniture is designed to be reconfigurable and adaptable to your space, enabling choices that empower every learner. Students can move around the room to find a place where they work best, even if that place changes throughout the day or by activity. What’s right for one student, may not be right for all, but with a comprehensive line of similarly styled furniture, no one stands out.

And when moving around the classroom isn’t enough, try moving the classroom around. Easily transition from different classroom setups to support a truly dynamic learning environment.
Discussion Group

5000 Series adjustable-height Slide tables with wheelbarrow legs and ZUMA mobile task chairs and 5000 Series fixed-height Nest tables with ZUMA C2M 4-leg chairs.
Collaborative Breakouts

ZBOOM desks with ZUMA R2M mobile task chairs, 4000 Series Leaf Floor Tables with ZUMA Floor Rockers

Virco Inc.
Study Zones

4000 Series Leaf Floor Tables with ZUMA Floor Rockers
Project Learning

5000 Series stand-up Slide tables with ZUMA lab stools. 5000 Series adjustable-height Nest tables with ZUMA task chairs and rocker.
### Room to Move® Seating Collections

#### ZUMA® Series

<table>
<thead>
<tr>
<th>Model</th>
<th>Description</th>
<th>Seat Height</th>
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<td>191/4&quot; - 27 seat height</td>
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#### Sage® Series

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#### N2 Series

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#### Metaphor® Series

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<tr>
<td>N9LAB</td>
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<td>20 1/4&quot;-28 1/4&quot; seat height</td>
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* Available with an upholstered seat pad "P".
* Available with an "EL" extra-large seat.
More Room To Move® Solutions

Mobile Desks

ZBOOMBBMC  ZHEXBBMC  ZOCTBBMC  MC2432BBC

Mobile Combo Units

Agile ZUMA™  Agile Analogy™  Agile Sage™  Agile Civitas™  Sage Contract

Mobile Tables & Classroom Solutions

4000 & 5000 Series Activity Tables  TEXT™ Tables  Plateau® Tables

Science Tables  Mobile Storage  Textameter™ Instructor Station
Healthy Movement FAQs

Q: What is "Healthy" Movement?
A: Humans are programmed to move. A young developing brain requires various types of motion to develop important foundational skills for learning. The sensory systems that respond to movement help to coordinate the eyes, hands, and body for everyday fine motor and gross motor activities. "Healthy" movement refers to safe and accessible opportunities for motion that help everyone feel organized, alert, fit and ready to learn.

Q: What is the role of "Healthy" Movement in the classroom?
A: Parents and adults tend to want children to "sit still." The reality is no one sits without moving for very long, because if we keep our bodies completely inactive, we tend to fall asleep or zone out. Dynamic sitting involves making adjustments to our position for comfort and moving our arms, legs and body while we are sitting, in order to keep ourselves alert and engaged. Children who have access to healthy movement in the classroom are more likely to stay engaged and to have better attention and behavior.

Q: If children have chairs that move at school, won't they be disruptive?
A: Children are already moving in their chairs because they need movement to stay alert. In stable or static chairs many children will tend to tilt backward, lean forward, swing their legs and sit on the edge of their chairs or on their knees. Studies have shown that after about a two week "settling in" period, children with access to chairs that provide healthy movement only move as needed to stay comfortable and to attend to the lessons throughout the day. In fact, several studies suggest that children show better ability to stay seated, with less disruptive movements, when they have access to chairs that offer healthy movement.
Q: Can rocking chairs be used with ordinary single pupil desks or activity tables? Are they interchangeable with normal chairs? What are the trade-offs, if any?

A: Depending on the height of the classroom tables, a rocking chair can typically fit under a desk like any other chair. It is important to ensure that the size of the rocking chair is appropriately matched for the size of the student and the desk height.

Q: Is healthy movement the same as ergonomics?

A: The term “ergonomics” usually is used in reference to the proper fit of furniture for the human body and the way it moves. Dynamic furniture plays a role in good ergonomics, because chairs that swivel and adjust are better suited to helping a child sit at the optimal height and to be able to turn to face the teacher or other forms of instruction at various placements in a classroom. Foot and arm rests, the ability to stretch (such as at standing tables or in pushing back against an adjustable-seat back) and adjustable-height levers all assist in ensuring good ergonomics for the various sizes of children in a classroom: even for the same child who is growing from the beginning to end of a school year.

Q: Will dynamic furniture and opportunities for healthy movement take care of all behavior and attention problems at school?

A: While studies have shown the positive effect of opportunities for healthy movement in the classroom, many other factors will affect students' behavior and attention. Other aspects of the environment such as noise level, visual distractions, color, temperature, room arrangement, access to supplies and many other variables are all important for supporting learning. Also, there are many other factors that play a role in how students learn. Healthy movement is not suggested as a "magic cure" but rather one piece of the puzzle for supporting students to be their best for optimal learning.
PlanSCAPE® Layout Service

Ask anyone who's done it the hard way; large-scale furniture and equipment acquisitions can eat up your time and energy. Then, ask anyone who's used Virco's PlanSCAPE® service how easy a successful FF&E purchase can be!

By focusing exclusively on capital goods, not consumable items, PlanSCAPE simplifies and expedites the FF&E procurement process while working with you to find the right products for your campus.

PlanSCAPE takes the stress and anxiety out of FF&E purchases. We give you the industry’s best combination of service, convenience and savings. And since PlanSCAPE gives you access to the easy-to-use U.S. Communities™ contract, you can purchase furniture and equipment at great prices without the hassles of bidding.

Safe Environments

Virco proudly complies with all laws and governmental regulations affecting our products, including the California Air Resources Board (CARB) regulation on formaldehyde emissions from composite wood products and the federal Consumer Product Safety Improvement Act of 2008 (CPSIA).

UL GREENGUARD Certification

Virco became the first classroom furniture manufacturer to earn GREENGUARD® indoor air quality certification through the Greenguard for Children and Schools program. Today, hundreds of Virco classroom furniture models have earned this important certification.

ANSI/BIFMA

Please see virco.com for further information or questions on any specific model.

Warranty

Virco will repair or replace, at its option, any Virco furniture or equipment product which proves to be defective in original material or workmanship that may become evident within the first 10 years of the date of purchase and 5 years from the date of purchase for casters, glides, pneumatic cylinders and torsion bars. This is your sole and exclusive remedy. This warranty covers products manufactured after January 1, 2017, as long as product is owned by original purchaser, and is subject to limitations.

Proudly Designed, Manufactured And Assembled By American Workers

Since 1950, when we opened our doors in Southern California, Virco has been proud to design, manufacture and assemble our products in the U.S.

One of America's iconic brands, Virco is the country's largest manufacturer and supplier of furniture and equipment for K-12 schools. All manufacturing processes – from metal fabrication and woodworking, to plastic injection molding, powder coating and chrome plating – are done in-house at our two state-of-the-art facilities in Torrance, California, and Conway, Arkansas.